

Event 1 Mixed 5k Run RR

Name	Year Team	Avg Mile	Finals	Points
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Top 3 Finishers:

Women

1 #188 Weaver, Jenna

7:48

24:14

2 #157 Shifflett, Mary Ruth	7:49	24:17
3 #122 Freeze, MacKenzie	7:51	24:22

Men

1 #153 Sheahan, Aidan	6:25	19:56
2 #121 Duncan, Ethan	6:44	20:53
3 #302 Rudmin, Joe	6:45	20:57

12 & Under Results - Women 5000 Run

1 #301 Deeble, Zoe	W Unattached	9:09	28:26
2 #298 Dean, Haley	W Unattached	11:05	34:25

13-15 Results - Women 5000 Run

1 #113 Clayton, Erin	W Unattached	11:36	36:00
2 #250 Berry, Kierstin	W Unattached	11:36	36:00
3 #107 Bitsko, Faith	W Unattached	11:37	36:05

16-19 Results - Women 5000 Run

1 #162 Tomei, Rachel	W Unattached	8:53	27:35
2 #112 Clark, Madison	W Unattached	9:04	28:09
3 #165 Raynes, Camryn	W Unattached	9:20	29:00
4 #108 Bitsko, Kristen	W Unattached	12:07	37:38

20-29 Results - Women 5000 Run

1 #297 Knight, Dawn	W Unattached	9:50	30:31
2 #299 Donaldson, Rachel	W Unattached	11:29	35:41
3 #102 Barber, Haley	W Unattached	12:51	39:54
4 #109 Hunt, Maddie	W Unattached	15:06	46:52
5 #160 Swartzentruber, Heidi	W Unattached	15:37	48:31

30-39 Results - Women 5000 Run

1 #120 Dofflemyer, Kim	W Unattached	8:21	25:57
2 #128 Jackameit, Jessica	W Unattached	8:53	27:34
3 #138 Myers, Ashley	W Unattached	10:31	32:39
4 #115 Comer, Yvette	W Unattached	15:05	46:52

5	#148 Sellers, April	W	Unattached	15:06	46:53
6	#124 Goble, Kathy	W	Unattached	15:37	48:31
40-49 Results - Women 5000 Run					
1	#155 Shiflett, Katie	W	Unattached	8:17	25:42
2	#123 Freeze, Michele	W	Unattached	10:22	32:11
3	#159 Stuart Leslie, Laura	W	Unattached	10:24	32:19
4	#129 Blosser, Kelly	W	Unattached	10:51	33:41
5	#133 Landes, Jana	W	Unattached	11:00	34:08
6	#146 Roach, Jacque	W	Unattached	12:08	37:42
7	#163 Tomei, Susan	W	Unattached	12:41	39:25
50-59 Results - Women 5000 Run					
1	#164 Raynes, Vickie	W	Unattached	10:01	31:06
12 & Under Results - Men 5000 Run					
1	#296 Briggman, Ryan	M	Unattached	8:13	25:31
2	#135 Leslie, Nate	M	Unattached	8:16	25:41
3	#154 Sheahan, Kiernan	M	Unattached	8:54	27:39
4	#279 Li, Jackson	M	Unattached	9:37	29:52
5	#130 Kite, Bunte	M	Unattached	9:58	30:58
6	#143 Paulson, Sammy	M	Unattached	10:08	31:27
7	#132 Landes, Cooper	M	Unattached	10:59	34:07
13-15 Results - Men 5000 Run					
1	#144 Richardson, Sykes	M	Unattached	6:59	21:40
2	#125 Harding, Seth	M	Unattached	7:30	23:17
3	#166 Church, Tyler	M	Unattached	7:34	23:31
4	#209 Payne, Erik	M	Unattached	7:52	24:27
5	#127 Hiranpat, William	M	Unattached	7:55	24:33
6	#152 Sheahan, Addison	M	Unattached	8:54	27:38
7	#136 McIntyre, Trey	M	Unattached	9:27	29:22
16-19 Results - Men 5000 Run					
1	#134 Le, Allan	M	Unattached	7:24	22:58
2	#267 Monger, Justin	M	Unattached	7:48	24:13
20-29 Results - Men 5000 Run					
1	#137 Michael, Christopher	M	Unattached	8:33	26:32
30-39 Results - Men 5000 Run					
1	#142 Paulson, Adam	M	Unattached	8:55	27:40
2	#131 Kite, Wes	M	Unattached	8:55	27:42
3	#126 Hedrick, Wesley	M	Unattached	10:42	33:13
4	#161 Thomas, Casey	M	Unattached	11:36	36:03
40-49 Results - Men 5000 Run					
1	#289 Li, Bob	M	Unattached	6:51	21:17
2	#300 Deeble, Paul	M	Unattached	7:40	23:47
3	#156 Weaver, Michael	M	Unattached	7:57	24:42
4	#139 Myers, Eric	M	Unattached	10:31	32:39
5	#145 Roach, Ed	M	Unattached	12:08	37:42
50-59 Results - Men 5000 Run					
1	#103 Bitsko, Chuck	M	Unattached	12:10	37:48
2	#315 Clark, Bryan	M	Unattached	13:50	42:58